

# Help us celebrate our 60th anniversary with a HOME-COMING CELEBRATION!

Whether you are coming to Sorrento Centre for the very first time, or you and your family have been coming for generations, we invite you to come home to Sorrento and experience its gifts in a deeper way. Come for one week, come for them all!



## CELEBRATE WITH JOY! FIVE WEEKS OF SUMMER

**Five-day courses offer diverse opportunities to connect with your heart, mind, and other participants.**

Afternoons offer free time on-the-land. Enjoy the beautiful lake-front beach, take a walk, or simply rest. Evenings are filled with heart-warming and stimulating activities that are included with \$250 Activity Fee for all who register.



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# CLOTHED IN GOD: CHRISTIAN MYSTICS

Join the Most Rev. Dr.  
Lynne McNaughton

Mystics are people with vivid, direct experience of God. Often dismissed by the patriarchy as ethereal, they are instead grounded in community, Earth, and practical service. They live lives of “Radical Amazement” and can inspire and nurture our own spiritual journey.

Sunday-Saturday  
July 9 - 15, 2023  
9:45 AM - 12:15 PM (M-F)

**\$150**  
plus activity fee



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# 21ST CENTURY PILGRIMS: WALKING ON HOLY GROUND

**Five Inspirational day-hikes in  
BC's Shuswap region  
with Phil McIntyre-Paul**

Now a 23-year tradition at Sorrento Centre! Five day-hikes - five little pilgrimages - draw wisdom from naturalists, poets, rascals, and saints as we consider our relationship within the natural world and a viable place within God's ecology.

Sunday-Saturday  
July 9 - 15, 2023

**\$150**  
plus activity fee



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# ARTIST TRADING CARDS

**Join Artist in Residence  
Kathie MacDuff**

We will create a collection of trading cards using a variety of approaches (watercolour, mixed media, collage and more) that, once learned, can be applied to any of our creative pursuits. Over the course of the week, we will create, trade, and finally collaborate on a group project to mark and celebrate Sorrento Centre's 60th Anniversary.

**Sunday-Saturday  
July 9 - 15, 2023  
9:45 AM - 12:15 PM (M-F)**

**\$150  
plus activity fee**



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# THE SACRED CIRCLE: STUDIES IN THE MEDICINE WHEEL

**Join First Nations Cultural  
Coordinator Barbara Callihoe**

Through a First Nations lens, with stories, humour, art and nature, we begin to understand the Circle, the gifts of the Medicine Wheel, and again walk in a good and kind way with our ancestors and our mother earth. One activity will involve creating a temporary Medicine Wheel in the shade in a grassy area near the beach.

Sunday-Saturday  
July 16 - 22, 2023  
9:45 AM - 12:15 PM (M-F)

**\$90**  
plus activity fee



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# GOSPEL OF MUSICAL THEATRE: RACE AND REDEMPTION

**Join Anglican Deans  
Nathan LeRud and Peter Elliot**

Following up the popular Sorrento summer 2019 course *The Gospel According to Musical Theatre*, Sorrento Centre presents a new—and different—opportunity to explore the structure and history of musical theatre, reflecting theologically on how gospel themes are conveyed, with particular attention to issues of race, representation, and redemption.

Sunday-Saturday  
July 16 - 22, 2023  
9:45 AM - 12:15 PM (M-F)

**\$150**  
plus activity fee



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# CREATIVE JOURNALING WHAT'S IN A WORD?

**Join Artist in Residence  
Kathie MacDuff**

Let's connect to some personal and powerful words and recognize those we'd be better off releasing. In Creative Journaling, a theme is offered and participants use words, imagery, and a variety of mixed media techniques to unearth, explore, and record their unique responses, thoughts, and emotions.

Sunday-Saturday  
July 16 - 22, 2023  
9:45 AM - 12:15 PM (M-F)

**\$150**  
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# HEAD, HEART, AND HANDS: CREATIVE SPIRITUALITY

Join Rev. David Taylor  
and weaving teacher Ali Hurlburt

How can what we make with our hands connect us spiritually to ourselves, to God, and to each other? Here's a course combining spiritual reflection and hands-on crafting. Crafting lets us reconnect our minds, spirits, and bodies, encouraging us to focus and be present. How can we, as people of faith, bring that same spirit to broader questions of social & spiritual connection?

Sunday-Saturday  
July 23 - 29, 2023  
9:45 AM - 12:15 PM (M-F)

**\$150**  
plus activity fee



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# CREATIVE JOURNALING PHILOSOPHERS FOUND

**Join Artist in Residence  
Kathie MacDuff**

Quotes are inspiring and have been an integral part of our journal classes. They originate from a variety of philosophers, past, and present. Join us as we delve beyond the words that move us to understand what may have inspired these people and the phrases that resonate with us, despite the passing of time and the differences in culture and beliefs.

Sunday-Saturday  
July 23 - 29, 2023  
9:45 AM - 12:15 PM (M-F)

**\$150**  
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# DEFIANCE: FEMINIST LESSONS FROM SCRIPTURE TODAY

*Men welcome, too!*

**Join the Ven. Jordan Haynie Ware**

Too often, “biblical womanhood” has been a term defined by submission and meekness, used to keep women in their place. This is a week of study on the often ignored, and even intentionally swept aside characters.

We’ll learn more about hermeneutics, especially feminist, queer, post-colonial, and other lens on Scripture from marginalized communities, and you’ll leave equipped to practice your discipleship as feminist followers of Jesus.

**Sunday-Saturday  
July 30 - August 5, 2023  
9:45 AM - 12:15 PM (M-F)**

**\$90**  
plus activity fee



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# FOLLOWING THE SURREALISTS: A MIXED MEDIA HOMECOMING

**Join Artist in Residence  
Kathie MacDuff**

Surrealist artists employed many innovative approaches to unlock ideas from their subconscious and we will follow their lead. Some of these approaches, like collage and calligrams, may be familiar, and some, like bulletism and parsemage, may not be. This will be an adventure and all you need is a curious and playful attitude.

**Sunday-Saturday  
July 30 - August 5, 2023  
9:45 AM - 12:15 PM (M-F)**

**\$150**  
plus activity fee



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# A CHRISTIANITY TO CALL HOME

Join Bishop Anna Greenwood-Lee  
and Rev. Christine Conkin

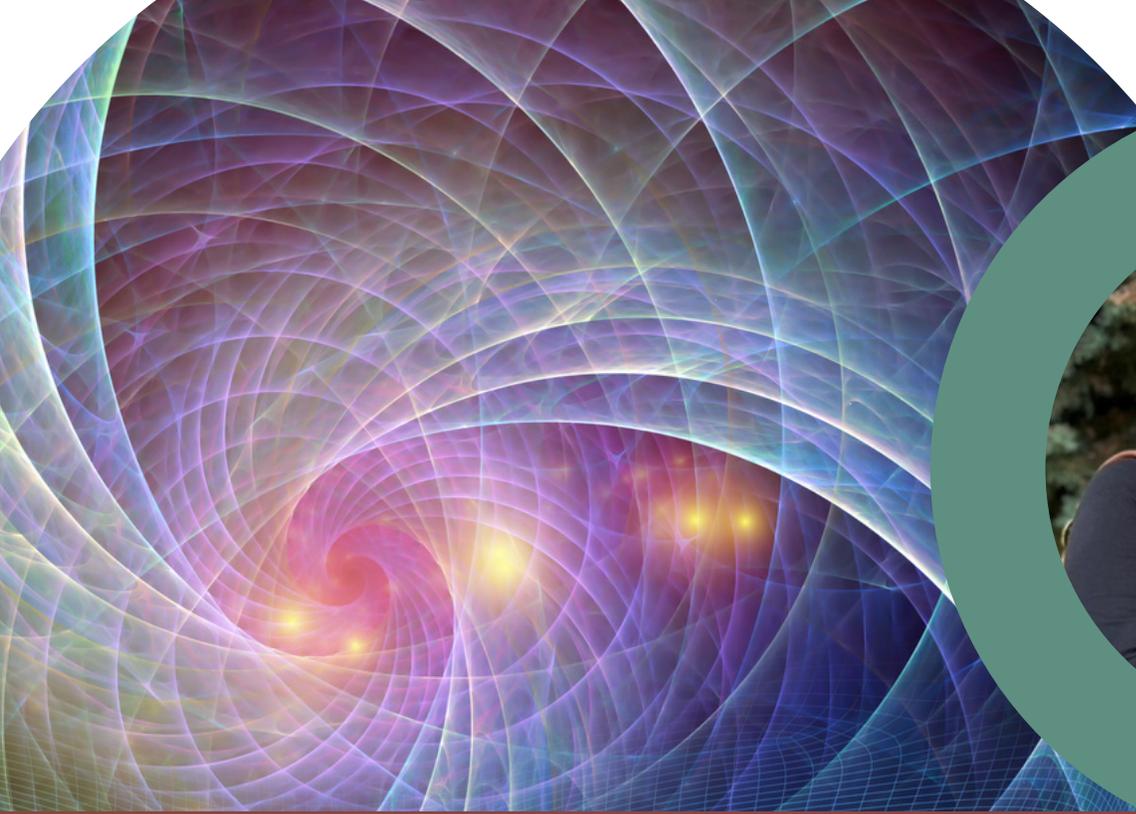
A week of theological exploration towards a Christianity to Call Home. We'll revisit some of the progressive theological texts of the 20th century to see what they have to say to us 60 years later. We'll also tune into some of the theological voices of our own age to see what new life-giving theology is emerging in these turbulent 2020s.

Sunday-Saturday  
August 6 - 12, 2023  
9:45 AM - 12:15 PM (M-F)

**\$150**  
plus activity fee



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# COMING HOME TO YOURSELF

## Join Jungian Therapists

Drs Berne Fitzpatrick & Kristen Maier

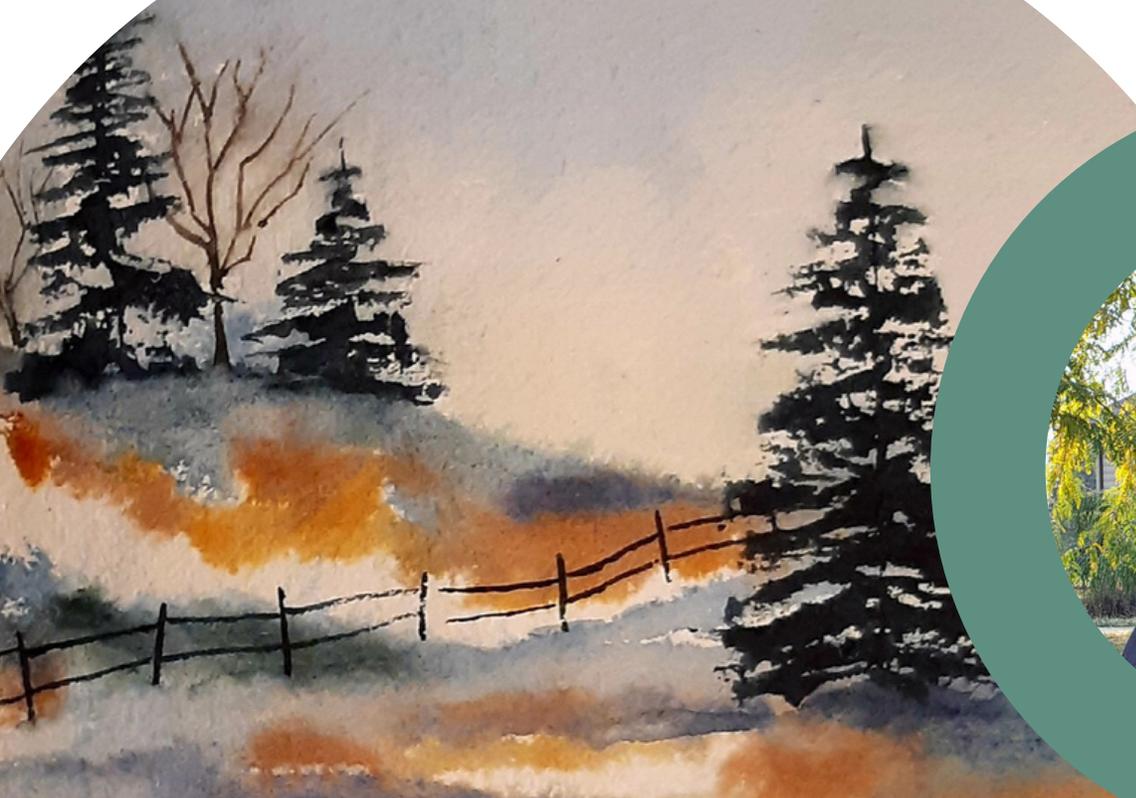
Strengthening connection to your fully lived life - This retreat will be an intellectual and experiential journey to understand and more deeply develop our relationship to both ourselves and the divine; using the lenses of spiritual accompaniment and Jungian psychology.

Sunday-Saturday  
August 6 - 12, 2023  
9:45 AM - 12:15 PM (M-F)

**\$90**  
plus activity fee



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# COME HOME TO WATERCOLOUR

**Join Artist in Residence  
Kathie MacDuff**

This program is for anyone wanting to explore watercolour for the first time and perhaps for those looking for a brush-up (pun intended) on the basics. Together, we will review materials, explore techniques, study colour theory and the importance of values and then take what we've learned and create some art.

Sunday-Saturday  
August 6 - 12, 2023  
9:45 AM - 12:15 PM (M-F)

**\$150**  
plus activity fee



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# CHILDREN & YOUTH

**Join the Kids !**  
**Ages 3-4, 5-10 and 11-18**

The summer activities for children and youth provide an opportunity for young people to be part of a community that includes fun, laughter, and creativity. Each program offers the participants an experience that includes diverse opportunities based on age and abilities. Feel free to place your child in the most appropriate class!

All five weeks of summer  
9:45 AM - 12:15 PM (M-F)  
Cost per child, per week  
**\$50 (ages 3-4)**  
**\$110 (ages 5-18)**



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# LEAP

## LEADERSHIP, EXPERIENCE AND ADVENTURE PROGRAM

**Join other teens aged 15-16**

For 10 days LEAP participants live, learn, work, and play together, forming a close-knit group within the larger community of Sorrento Centre. LEAP fosters personal, spiritual, and professional growth in leadership skills and work experience. Participants will be involved in a variety of fresh, exciting spiritual practices, and engaging workshops and activities.

**Sunday-Saturday**  
July 15 - 23, 2023

**\$699**

includes meals &  
accommodation



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